



## **Galway Sports Partnership Work Plan for 2020**

#### Section; Training & Education.

#### **Training Courses.**

Course	Budget	Details
Safeguarding 1 -	Application applied for in Budget	24 courses in Galway City venue and 6 courses in the County – No. of courses based on 2018
30 courses for	2020 and course fees	and 2019 figures.
entire year.		
Safeguarding 2	Application applied for in Budget	All courses in Galway City - No. of courses based on 2018 and 2019 figures
6 courses for	2020and course fees	
entire year		
Safeguarding 3	Application applied for in Budget	All courses in Galway City - No. of courses based on 2018 and 2019 figures.
4 courses for	2020 and course fees	
entire year		
First Aid Course	Self - Financing	Two in Galway City, two in Galway County. Courses are sports specific – 6 hour duration.
4 courses in		
total		
2 Activity Leader	Funding available in account from	One in City one in County - First ½ of 2019. One course for YouthWork Ireland participants.
courses	carry over budget.	To consider another course as part of activities of Sport Hub in North Connemara.





3 Disability	Disability Budget – courses	One course for leisure centres and one for Club/groups etc. To be arranged with CARA.
Inclusion	subsidised and reduced fees	
Training courses	participants	
6 Disability	Disability Budget – course fees	Times, dates and venues to be arranged.
Awareness		We will also do with TY students in schools - €50 per school.
Training courses		
7 Coaching	Self-Financing - participant fees	Workshop to be run in venues to be decided.
Children		
Workshops		
Buntús	In our budget.	Of the remaining schools who have not yet done the Buntús training, 12 have now expressed
Play/Sport		interest. Courses to be run and finalised this year.
Community	In our budget	Arrange as part of the Sports Hub in North Connemara.
Coaching Prog.		
in		
Galway City		
Community	In our budget	Arranged in conjunction with Galway Community College.
Coaching Prog.		
In Tuam		
Sports Leader	Funding in our account and also as	Programme targeting youth groups, (Youth work Ireland, Foróige), TY students and
Award/Youth	applied for from Dormant	disadvantaged youth. Two courses, in venues in Galway to be decided.
Leadership	Accounts.	
Volunteer	Funding applied for from Dormant	Courses to include those of NGB's, Go4Life, Safeguarding, Disability Awareness and Disability
Training	Accounts.	Inclusion training, Activity Leader, First Aid and Coaching Children.





## Section; Participation;

#### (a). Events

Event	Available Funding	Details.
Operation Transformation	Funding applied for in Budget 2020.	Operation Transformation walks in January 2020. – Date for this yet to be announced nationally. Twelve walks to be arranged in Galway with local groups, an increase of two in 2019.
Signage on Walking trails in Ballinasloe	Funding applied for to Healthy Ireland Fund 2019.	In association with Ballinasloe Fit towns, support, promote development of walking trails in Ballinasloe for use by the community. In particular the erection of walking route signage and continued development of the trails. Use of the trails for specific activity programme for Older Adults and Persons with Disabilities.
Older Adults/persons with disabilities programme in Galway.	Funding applied for to Healthy Ireland Fund 2019.	As part of the Ballinasloe Walking trails project, fund the purchase of equipment for and establish indoor and outdoor activities for Older Adults and Persons with Disabilities across Galway. Equipment for the project to be purchased upon successful application to DDAF for funding.
Bike Week 2020	Funding from Department and Local Authorities.	City & County wide in conjunction with both Local Authorities. On the basis of previous year's experience, we will run in the region of 35 events, including cycle training, 'greenway' cycles, and fun cycles, school's cycles, cycle to work, bike maintenance workshops.
European Week of Sport	Funding from Sport Ireland as in previous years.	GSP will work with local clubs/groups and communities to organise and run a variety of events during EWOS, 2020 .





#### (b). Programmes;

Dance Prog. for Older Adults	In our budget.	Delivered through the Community Sports Hub, Doughiska/Ballybane and through community groups in Westside of Galway City.
Sportshall Athletics	Seek to have the schools cover expenses.	Equipment now available to target at least 8 schools in Galway. As in previous years we will have County finals and representative at National finals
Women on the Move	Received in Budget 2019.	In partnership with local community and clubs, run an eight week programme targeting females from disadvantaged areas including minority groups. 4 programmes to be run throughout the year. Targeting 80 participants in total.
Youth @ Risk programme	Received in Budget 2019.	Connemara programme in place. Second part of programme to be established in Galway City in 2020.
Meet & Train	Received in Budget 2019.	We will establish 2 meet and train groups in Galway over the year. Organised in conjunction with local athletics clubs and community groups. Targeting 150 women.
Let's B Active	Funding in our account from previous budget application.	Target fours schools to run a 6-week physical activity programme through dance for 6 <sup>th</sup> class girls who are inactive.
Walking Football	Received in Budget 2019.	A six week programme of walking football for older adults from disadvantaged areas who would not have access or opportunity to physical activities. Targeting persons over 55yrs. 6 programmes targeting 80 participants in total.





Senior Circuits – Older Adults PA Programme	Received in Budget 2019.	
Community Walking Initiative	Get Ireland Walking.	A total of 10 community walking initiatives across Galway.
Buggy Buddies	HSE Funding.	Targeting women and young children, 4 eight week programme for mothers with babies and young children run in conjunction with the HSE.
Men on the Move	HSE Funding.	GSP will run 3 Men on the Move programmes in 2019. In conjunction with community groups.
Couch 2 5K	HSE Funding.	GSP will run 4 Couch 2 5K programmes in 2019 in conjunction with community groups.
Midnight Soccer	Funding in our budget.	In association with the FAI GSP will run 3 midnight soccer programmes in 2019.
Schools Completion	Funding in our budget.	GSP in association with SCP schools will complete this programme by February 2019. Two of the three schools targeted have already competed the programme
Bealtaine 2019	From reserves	GSP will assist and work with community groups in delivering programmes as part of the Bealtaine celebrations 2019. GSP 's contribution will be by way of Tai-Chi workshops.





# (c). Disability Programmes

Walking Football	Application applied for in Budget 2019.	Targeting people with intellectual disabilities, we will run 2 six week programmes. We will work with local disabilities services – Brothers of Charity, Ability West
Learn to Cycle Programme	Funding already available	Run 6 Learn to Cycle programmes targeting 24 pupils with disabilities from two special schools – Lakeview in Galway City and St. Theresa's in Ballinasloe. 4 pupils per group. GSP will subsidise the cost and the remainder will come from the schools.
Wheelchair Athletics	Application applied for in Budget 2019.	An eight-week wheelchair track athletics programme using the running tracks in Ballinasloe and Galway City at Dangan. We will work with Disability groups in both Galway City and Ballinasloe to run this programme.  Programme will be free of charge to participants, GSP will fund tutor and facility hire costs.
Football 4All	Funded from reserves	Run a football 4 all programme in association with FAI for people with disabilities but primarily targeting people with sight impairments. Three areas – Knocknacarra, Corofin and Athenry.
Target Bowls activity day	Funded from reserves	GSP will organise a 'Target Bowls' activity day to introduce the sport to people with disabilities – older children and adults.
Swimming Prog for Children with Disabilities	HSE Funding.	GSP will organise five programmes in association with Local Leisure centres to cater for a 12-week swimming programme for children with disabilities. This programme will be part of that applied to HSE for funding in 2019.
Power Soccer for Persons with Disabilities	Application applied for in budget submission to Dormant Accounts.	Through the purchase of a power soccer chair to provide opportunities for persons with disabilities to participate in this sport in association with Ability West, Brothers of Charity, and Galway Speeders. To be arranged and run throughout 2020.





## **Section. Dormant Account Funding.**

#### **Training**

Sports Leader	Funding in our account and also as	Programme targeting youth groups, (Youth work Ireland, Foróige), TY students and
Award/Youth	applied for from Dormant	disadvantaged youth. Two courses, in venues in Galway to be decided.
Leadership	Accounts.	
Volunteer	Funding applied for from Dormant	Courses to include those of NGB's, Go4Life, Safeguarding, Disability Awareness and Disability
Training	Accounts.	Inclusion training, Activity Leader, First Aid and Coaching Children.

#### **Programmes**

Community Sports	Funding applied for from Dormant	Continuation of support for Sports Hub in Doughiska/Ballybane – both 'capital' and
Hub –	Accounts Fund.	'current' funding support.
Doughiska/Ballybane		
Community Sports	Funding applied for from Dormant	Establish a Community Sports hub in North Connemara – Maam cross to Clifden,
Hub in North	Accounts Fund.	letterfrack, Leenaun and Cornamona. Advertise position of Coordinator and oversee the
Connemara		establishment of the hub and the associated programmes that will be part of it.





## **Section;** Information;

GSP Website	To update – cost neutral	Training for staff to be completed in January 2018 and website in full operation thereafter.
Steering group Training	In consultation with Sport ireland	To be organised.
Promotions	Funding applied for in budget 2020	Promotion of events, programmes and courses in GSP – local media.
Newsletter	From reserves	Publication of a bi annual newsletter to promote the work of GSP and upcoming events.
Database Update	Continuous Review	If need to update must comply with GDPR.
Facebook, Twitter	Not required	Full use to be made of these social media outlets to promote our own programmes and events and external sporting events that we may be notified of and that may be of interest to people of Galway.

## Staffing;

Regular	Funded by Sport Ireland	Coordinator, Administrator.
Positions		
Position of Sports Inclusion Disability Officer	To be funded by Sport Ireland.	GSP will facilitate students on student placement programmes in 2019. We will consult with both NUIG and GMIT on this and we will facilitate as far as possible applicants from other third level colleges in Ireland as we did in 2018.
CSDO	Funding from Sport Ireland.	Continued financial support for this position which began in 2017.





# **Steering Group**

We will have at least four (4) Steering Group meetings in 2019 including our Annual General Meeting at the end of January.		
We will establish working groups as required from membership of our Steering Group.		
Approval Proposed by;	Seconded by	
Date:		